ABSTRACT

The present study investigated the psychometric properties of the Greek version of the Performance Failure Appraisal Inventory (PFAI: Conroy, Willow & Metzler, 2002) in sport, and relationships between Fear of Failure (FF) and anxiety in sport. The sample consisted of 172 athletes from various individual and team sports (Mage = 16.6 ± 5.19 years). A modified version of PFAI for the evaluation of FF, and the Sport Anxiety Scale (Smith, Smoll, & Schultz, 1990) was used. Confirmatory factor analysis established the construct validity of the PFAI. Results showed also that FF was highly related to sport anxiety. The present findings indicated that the questionnaire can be used for diagnostic purposes as it fulfills important reliability and validity criteria.

Keywords: Fear of Failure, Sport Anxiety.